

Ballinameen 10k - 10.08.2019				
Pos.	First Name	Surname	bib no.	finish
1	Cora	Regan	175	00:40:18
2	Fergal	Towey	184	00:41:22
3	Michael	Healy	186	00:41:32
4	Declan	Horgan	173	00:42:13
5	Niall	Towey	165	00:42:46
6	Daithi	Murphy	159	00:43:00
7	Ann	Lennon	166	00:43:35
8	Thomas	mannion	163	00:44:51
9	Therese	Killoran	169	00:47:02
10	Colin	Mullaney	192	00:49:08
11	Sheila	Cunnigham	187	00:50:58
12	Jacinta	Shannon	161	00:51:19
13	Brian	Redmond	160	00:52:43
14	Danny	Turner	182	00:52:52
15	Martina	Cooney	188	00:53:24
16	Valerie	Odonahoe	189	00:53:26
17	Irma	O'Keefe	158	00:53:36
18	rachel	Martens	177	00:54:22
19	Micheal	Murtagh	47	00:55:19
20	Catherine	Brenan	172	00:55:30
21	Sam	Carty	185	00:55:51
22	Pauline	Gorman	176	00:56:46
23	Damien	Hayden	168	00:58:34
24	Ruth	O'Dowd	167	00:58:36
25	Blanaid	Carney	183	00:58:42
26	Helen	Berne	174	01:01:02
27	Eileen	Comer	164	01:01:14
28	Helen	Keaveney	190	01:03:24
29	Sandra	Dowd	170	01:04:57
30	Aideen	Kelly	162	01:09:56
31	Finola	McIntyre	191	01:09:57
32	Patricia	McGarry	179	01:27:14
33	Cathy	Weston	181	01:27:15
34	David	O'Daly	180	01:29:16
35	Sarah	Towey	171	01:29:17
Ballinameen 5k - 10.08.2019				
Pos.	First Name	Surname	bib no.	finish
1	Michael	Keane	418	00:19:41
2	Daniel	Dill	406	00:20:34
3	Luke	Skehan	390	00:21:44
4	Owen	O'Donohoe	410	00:22:40
5	Kathleen	Horgan	394	00:23:05
6	Aisling	Conry	401	00:23:30
7	Pat	Heffearan	405	00:23:45
8	Colin	McGrath	409	00:24:46

9	Conor	Kelly	389	00:26:01
10	Olivia	Carty	391	00:27:01
11	Vicky	Nolan	414	00:27:49
12	cian	Kelly	392	00:27:59
13	Maurice	Gannon	397	00:28:06
14	Liam	Keane	423	00:28:14
15	Anna	McGrath	408	00:28:31
16	Maria	Keane	419	00:29:02
17	Ronan	Kilcommons	395	00:29:25
18	Adrian	Greene	417	00:29:25
19	Lorraine	Doorley	413	00:29:32
20	geraldine	Kelly	388	00:30:30
21	Lauren	Gilligan	380	00:31:34
22	Sinead	mcCafferty	393	00:31:40
23	Jo	o'Brien	387	00:31:41
24	Aisling	Shanon	385	00:31:48
25	ciara	Cunningham	382	00:31:54
26	Leah	Casey	430	00:33:05
27	Karen	Dorr	396	00:33:22
28	Celia	Ortega Gutierrez	381	00:35:10
29	Clodagh	Gilligan	412	00:35:11
30	Savannah	Casey	384	00:35:12
31	Tommie	Gilligan	411	00:35:53
32	Nicole	Nolan	416	00:36:31
33	Ciara	Nolan	415	00:36:32
34	Anna	comer	383	00:37:22
35	Caroline	o'Grady	421	00:38:04
36	Tanya	Caslin	422	00:38:05
37	Aine	Neary	429	00:38:36
38	Cormac	Neary	428	00:38:50
39	Sheila	Murtagh	427	00:39:47
40	Orlaith	Callaghan	435	00:39:53
41	Lillie	Carty	431	00:39:53
42	Dylan	Butler	399	00:42:07
43	Michael	Murphy	432	00:44:53
44	Jacinta	Cellagh	434	00:45:25
45	Eleanor	Butler	398	00:46:53
46	Connie	McDonagh	193	00:48:20
47	eithna	coen	194	00:48:23
48	Rachel	reed	403	00:48:31
49	Rhianna	Reed	402	00:48:31
50	Emma	Butler	400	00:48:31
51	Sinead	Connellan	433	00:49:16
52	Frank	Egan	407	00:49:22
53	Dearbhla	McKeon	436	00:49:22
54	Denis	Naughten	420	00:49:23
55	Attracta	Keville	425	00:49:24

56	Caden	Reed	404	00:50:10
57	Martha	Keville	426	00:50:24