

## Strandman Crossmolina 2018 - 24/06/2018

Pos.	First Name	Surname	Race number	swim	T1	bike	T2	Run	Finish
1	Stephen	Donnelly	49	00:31:44	00:00:52	02:45:00	00:01:29	01:17:38	04:36:43
2	Paddy	Clarke	46	00:40:41	00:02:56	02:41:08	00:01:53	01:32:18	04:58:56
3	David	Sands	32	00:34:09		02:58:15	00:01:17	01:25:46	04:59:27
4	Paul	Dunne	43	00:35:30	00:00:55	02:43:42	00:01:08	01:46:06	05:07:21
5	Barry	Loftus	50	00:37:52	00:01:46	03:02:13	00:02:00	01:45:54	05:29:45
6	Ciaran	Maguire	45	00:32:08	00:01:46	03:10:54	00:01:10	01:51:47	05:37:45
7	Celine	Sands	34	00:45:37		03:26:49	00:01:15	01:37:13	05:50:54
8	Ray	McNamara	39	00:58:27	00:02:31	03:12:13	00:01:16	01:47:48	06:02:15
9	Declan	Nolan	3	00:45:09	00:03:07	03:22:17	00:01:52	01:50:30	06:02:55
10	Michael	Coyle	42	00:35:24	00:02:15	03:31:38	00:00:41	01:54:56	06:04:54
11	Aiden	O'Donnell	37	00:43:21	00:04:40	03:39:22	00:03:12	01:40:15	06:10:50
12	Nicola	Forde	41	00:46:14		03:35:36	00:00:59	01:51:45	06:14:34
13	Gerry	McHale	44	00:56:00	00:02:08	03:23:11	00:03:01	01:55:30	06:19:50
14	Ambrose	Gaughan	36	00:44:56	00:00:47	03:41:32	00:02:01	01:54:51	06:24:07
15	Sean	Kelleher	31	00:50:32	00:03:54	03:16:01	00:02:30	02:14:52	06:27:49
16	Noreen	O'Toole	35	00:41:53	00:02:37	03:35:58	00:01:53	02:23:41	06:46:02
17	Niki	Battle	40	00:41:55	00:08:56	03:53:38	00:03:23	02:03:40	06:51:32
18	Keith	O'Brien	30	00:53:16	00:04:02	03:46:31	00:03:28	02:06:42	06:53:59
19	Trevor	Rennick	47	00:45:41	00:05:05	04:00:45	00:02:35	02:18:54	07:13:00
20	Eoin	Conlon	38	00:46:27	00:06:30	03:38:49	00:05:19	02:46:11	07:23:16
21	Mick	Heffernan	33	00:44:51	00:04:31	04:17:50	00:05:38	02:38:48	07:51:38
22	Claire	Shields	4	00:57:08		04:29:46	00:02:48	02:40:36	08:10:18
23	Jonny	Rowland	48	00:34:27	00:01:25				DNF